

Nutrition Accommodation Policy

Performance Standard: 1302.44(a)(1), 1302.47(b)(4)(i)(d), 1302.47(b)(7)(vi)

DACHS will work with parents, guardians, and food vendors to ensure all children's food accommodations are met. All parents and guardians will complete a Nutrition Information form prior to enrollment. In the case of allergies, intolerances, or prescribed diets, **a Diet Plan form must be completed by the child's physician.** DACHS will then hold a meeting with the food vendor, parent, and health and nutrition specialist to ensure that the child is provided food that meets their health needs.

All teachers, program aides, and teacher assistants must review the health documents completed by Head Start families so they are aware of allergies in the classroom. **All allergies will be posted in a highly visible location in the food preparation area.** All staff will be trained on the use of an epi-pen and will review the child's Individual Health Care Plan to know what measures need to be taken in the case of an allergic reaction.